

Embedded within many PE lessons is a focus of pupils being able to learn and develop skills in sportsmanship and coping with winning and losing. As well within PE, we are able to focus on both individual and teamwork skills through different sports and being able to communicate effectively in differing environments. Added onto the PE curriculum outside of school at local clubs and centres, we have swimming, ice skating, tennis, horse riding and golf lessons happening at different times throughout the year as well as an after school football club. Many pupils are also selected to represent the school at different sports tournaments through the year.

Students from year 9 and above are given the opportunity to gain a BTEC qualification in Sport and Active Leisure, with possible progression from Award through to Diploma.

	Primary	Key stage 3	Key stage 4 and post 16
Autumn 1 (School focus- Team work, recognising emotions, being in a group, problem solving)	Multi skills- Co-ordination, Hand eye skills, agility & movement, balance, Co-ordination, speed skills Orienteering Dodgeball Benchball Badminton	Baseball Orienteering Dodgeball Benchball Badminton	Swimming Baseball Badminton
	Half term	Half Term	Half term
Autumn 2 (school focus- recognising emotions, self-regulation, team work)	Basketball Football Trampolining	Basketball Football Trampolining	Swimming Rugby Football Trampolining
	Christmas	Christmas	Christmas
Spring 1 (school focus- Recognising emotions, self-regulation, independence)	Trampolining Gymnastics Handball	Trampolining Gymnastics Handball	Swimming Fitness Circuits Gymnastics Basketball
	Half term	Half term	Half Term
Spring 2 (school focus- team work, being in a group, recognising emotions)	Uni-hoc Dance SEN Sports- Boccia, Goalball, sitting volleyball	Uni-hoc Rugby Dance SEN Sports- Boccia, Goalball, sitting volleyball	Hockey Volleyball Orienteering Table Tennis
	Easter	Easter	Easter
Summer 1 (school focus- self-regulation, recognising emotions)	Cricket Rounders Baseball Tennis	Cricket Rounders Baseball	Rounders Cricket Tennis
	Half term	Half term	Half term
Summer 2 (school focus- self-regulation, recognising emotions)	Tennis Athletics Golf	Tennis Athletics Golf	Tennis Athletics Golf