

	Primary	Key stage 3	Key stage 4 and post 16
<b>Autumn 1</b> (School focus- Team work, recognising emotions, being in a group, problem solving)	Multi skills- Co-ordination, Hand eye skills, agility & movement, balance, Co-ordination, speed skills Orienteering Dodgeball Benchball Badminton <b>Focus:</b> Know the different areas of the pitch/court and can name the basic rules of a game.	Baseball Orienteering Dodgeball Badminton <b>Focus:</b> Develop knowledge of rules and ability to apply them consistently as a participant and official.	Swimming Baseball Badminton <b>Focus:</b> Know that basic defensive and attacking strategies can be adapted/refined to respond to changing situations in a game.
	<b>Half term</b>	<b>Half Term</b>	<b>Half term</b>
<b>Autumn 2</b> (school focus- recognising emotions, self-regulation, team work)	Basketball Football Trampolineing Paralympic Sports <b>Focus:</b> Know the range of positions and skills used within the different sports	Basketball Football Trampolineing Paralympic sports <b>Focus:</b> Develop knowledge of attacking and defensive strategies.	Swimming Rugby Football Trampolineing <b>Focus:</b> Know more advanced tactics.
	<b>Christmas</b>	<b>Christmas</b>	<b>Christmas</b>
<b>Spring 1</b> (school focus- Recognising emotions, self-regulation, independence)	Trampolineing Gymnastics Volleyball <b>Focus:</b> Know a variety of different ways of travelling from A to B.	Trampolineing Gymnastics Volleyball <b>Focus:</b> Know how to make performances aesthetically pleasing.	Swimming Fitness Circuits Gymnastics Basketball <b>Focus:</b> Know how to perform more complex routines.
	<b>Half term</b>	<b>Half term</b>	<b>Half Term</b>
<b>Spring 2</b> (school focus- team work, being in a group, recognising emotions)	Uni-hoc Dance Rugby Handball <b>Focus:</b> Know the most effective skills to use to outwit an opponent.	Uni-hoc Rugby Dance Handball <b>Focus:</b> Know how to replicate skills with greater accuracy and control in a game.	Hockey Volleyball Orienteering Lacrosse <b>Focus:</b> Know more advanced tactics and begin to use them in games.
	<b>Easter</b>	<b>Easter</b>	<b>Easter</b>
<b>Summer 1</b> (school focus- self-regulation, recognising emotions)	Cricket Rounders Baseball	Cricket Rounders Baseball	Rounders Cricket Tennis

	<b>Focus:</b> Know the different areas of the pitch/court and can name the basic rules of a game.	<b>Focus:</b> Develop knowledge of rules and tactics and ability to apply them in competitive games.	<b>Focus:</b> Develop knowledge of rules in order to referee/umpire consistently.
	<b>Half term</b>	<b>Half term</b>	<b>Half term</b>
Summer 2 (school focus- self-regulation, recognising emotions)	Tennis Athletics Golf <b>Focus:</b> Know the basic safety rules of events and using equipment	Tennis Athletics Golf <b>Focus:</b> Develop knowledge of how to improve distances, times and techniques	Tennis Athletics Golf <b>Focus:</b> Develop knowledge of the components of fitness required in each event.

Embedded within many PE lessons is a focus of pupils being able to learn and develop skills in sportsmanship and coping with winning and losing. As well within PE, we are able to focus on both individual and teamwork skills through different sports and being able to communicate effectively in differing environments. Added onto the PE curriculum outside of school at local clubs and centres, we have swimming, ice skating, tennis, horse riding and golf lessons happening at different times throughout the year as well as an after school football club. Many pupils are also selected to represent the school at different sports tournaments through the year.

Students from year 9 and above are given the opportunity to gain an Aim Awards qualification in Sport, Leisure and Recreation with possible progression from Award through to Diploma.